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## Sommarschema 2019

### YOGASHALA STOCKHOLM ZINKENS DAMM

#### Vecka 33

<b>MÅNDAG 12/8</b>	<b>TISDAG 13/8</b>	<b>ONSDAG 14/8</b>	<b>TORSDAG 15/8</b>	<b>FREDAG 16/8</b>	<b>LÖRDAG 17/8</b>	<b>SÖNDAG 18/8</b>
			MÅN-DAG	06.15-08.00 Ashtanga Yoga Ledd Primary Lisa L	10.00-11.20 Ashtanga Yoga 2 Ledd klass Drop-in Emma	08.00-11.00 Ashtanga Yoga Mysore Drop-in Britta
				12.00-13.10 Ashtanga yoga 1 Ledd klass Drop-in Cia		11.20-12.30 Yin Yoga Ledd klass Drop-in Britta
			17.00-18.30 Ashtanga Yoga Mysore Drop-in Kristel			
			18.40-19.50 Ashtanga Yoga 1 Ledd klass Drop-in Emma			