

MÅNDAG	TISDAG	ONSDAG	TORSDAG	FREDAG	LÖRDAG	SÖNDAG
06.30 – 10.00 Mysorestyle 210 min Drop in Britta/Paula	06.30 – 10.00 Mysorestyle 210 min Drop in Britta/Kristel	06.30 – 10.00 Mysorestyle 210 min Drop in Britta/Paula	06.30 – 10.00 Mysorestyle 210 min Drop in Britta/Kristel	08.00 – 10.00 Mysorestyle 120 min Drop in Britta	09.00 – 10.10 Ashtangayoga 70 min Ledd klass Drop in Hans	09.00 – 10.20 Ashtangayoga 80 min Ledd klass Drop in Caroline
12.00 – 13.00 Yinyoga 60 min Ledd klass Drop in Bianca	12.00 – 13.00 Ashtangayoga 60 min Ledd klass Drop in Kristel	12.00 – 13.00 Yinyoga 60 min Ledd klass Drop in Bianca	12.00 – 13.00 Ashtangayoga 60 min Ledd klass Drop in Emma	12.00 – 13.00 Hathayoga 60 min Ledd klass Drop in Camilla	10.30 – 12.30 Mysorestyle 120 min Drop in Hans	
	14:30 – 15:40 Hathayoga 70 min Ledd klass Drop in Kristel					14:00 – 15:20 Hathayoga 80 min Ledd klass Drop in Britta/Cia
17.00– 18.40 Mysore style 100 min Drop in Camilla	17.50– 19.00 Ashtangayoga 70 min Ledd klass Drop in Maja	17.00 – 18.40 Mysorestyle 100 min Drop in Caroline	17.50 – 19.10 Ashtangayoga Grundkurs Lena	16.50 – 18.00 Yinyoga 70 min Ledd klass Drop in Roterande lärare		15.30 – 17.10 Ashtangayoga 100 min Ledd Primary Drop in Roterande lärare
18.50– 20:20 Hathayoga kurs Camilla	19.10– 20.50 Ashtangayoga Fortsättning mot Mysore- kurs Maja	18.50 – 20.10 Ashtangayoga Grundkurs Caroline	19.20 – 20.30 Ashtangayoga 70 min Ledd klass Drop in Lena			